

## Curriculum Vitae

Date: February 2026

Name: Amanda Mack, OTD, MS, OTR/L, CLC

### Contact Information

- Phone Number: (507)-399-1966
- Mailing Address:  
Program in Occupational Therapy  
Washington University School of Medicine  
MSC 8505-66-1  
4444 Forest Park Avenue  
St. Louis, MO 63108-2212
- Email: macka@wustl.edu

### Present Position

2022-present      Assistant Professor of Occupational Therapy and Medicine  
Director of Post-Professional Education  
Program in Occupational Therapy  
Washington University School of Medicine, St. Louis, MO

### Education

#### **Undergraduate**

2011              BS; Boston University, Boston, MA

#### **Graduate**

2013              MS; Boston University, Boston, MA

2019              Post-professional OTD; Boston University, Boston, MA

### Previous Academic Positions / Employment:

2015-2019      Fieldwork Coordinator  
MGH Institute of Health Professions, Boston, MA

2019-2022      Instructor and Fieldwork Faculty  
MGH Institute of Health Professions, Boston, MA

2022              Director  
Tabor/Connor Occupational Therapy Center for Learning, Participation, and  
Rehabilitation (OT CLiPR), Boston, MA

2022              Assistant Professor  
MGH Institute of Health Professions, Boston, MA

## **Teaching Title and Responsibilities**

### **MGH Institute of Health Professions**

2016-2019	Course Assistant, Level II Fieldwork 1 & 2 (6 cr. each course)
2016-2019	Lab Instructor, Neuroscience (3 cr.)
2016-2019	Course Assistant, Professional Reasoning I: Critical Inquiry and Decision-Making (1 cr.)
2016-2019	Course Assistant, Level I Fieldwork 1, 2, & 3 (1 cr.)
2016-2019	Participating Faculty, Professional Reasoning IV: Integrated Seminar and Synthesis (1 cr.)
2017-2018	Course Assistant, Cognition, Perception, and Occupation Throughout the Lifespan (3 cr.)
2017-2019	Assistant Instructor, Participation and Productive Aging (3 cr.)
2017	Assistant Instructor, Occupational Therapy in Physical Dysfunction (4 cr.)
2019	Co-Instructor, Fieldwork Seminar (1 cr.)
2019-2021	Co-Instructor, Professional Reasoning I: Critical Inquiry and Decision-Making (1 cr.)
2019-2022	Faculty, Level II Fieldwork (6 cr.)
2020-2021	Faculty, Level I Fieldwork II (1 cr.)
2020-2021	Participating Faculty, Research Process II: Methods and Design (1 cr.)
2020-2021	Course Director, Interprofessional Health Promotion and Community Practice (2 cr.)
2020-2022	Course Director, Participation and Productive Aging (3 cr.)
2021	Faculty Mentor, Independent Study, Interprofessional Parkinson's Wellness Group (1 cr.)
2021	Faculty Mentor, Independent Study, Occupational Therapy and Maternal Health (1 cr.)
2021	Course Director, Infusing Theory & Clinical Reasoning in Advanced Occupational Therapy Practice (3 cr.)*
2021	Course Director, Health Promotion, Community, and Occupation (3 cr.)*
2021-2022	Participating Faculty, Research Process III: Implementation and Application (1 cr.)

2021-2022 Faculty Mentor, Research IV: Dissemination and Capstone (2 cr.)  
2021-2022 Course Director, Level I Fieldwork III (1 cr.)

### **Washington University School of Medicine**

2024-2026 Course Director, Advanced Theory Implementation (3 cr.)\*  
2024-2026 Course Director, Doctoral Project: Ideate (1 cr.)\*  
2024-2026 Course Director, Doctoral Project: Design (1 cr.)\*  
2024-2026 Course Director, Doctoral Project: Implement and Evaluate (1cr.)\*  
2025-2026 Course Director, Doctoral Project: Disseminate (1 cr.)\*  
2024-2026 Course Director, Advanced Practice through Experiential Learning (3 cr.)\*  
2024-2025 Faculty, Mentored Scholarship I (2 cr.)  
2024-2025 Faculty, Mentored Scholarship II (2 cr.)  
2024-2026 Faculty, Mentored Scholarship III (2 cr.)  
2025-2026 Course Director, Occupational Therapy in Maternal Health (2 cr.)

\*Post-Professional Occupational Therapy Doctoral Course; Online

### **University, School of Medicine and Hospital Appointments and Committees**

2013-2016 Staff Occupational Therapist, Rehabilitation Department, Spaulding Hospital for Continuing Medical Care, Cambridge, MA  
2016-2021 Per Diem Occupational Therapist, Rehabilitation Department, Spaulding Hospital for Continuing Medical Care, Cambridge, MA  
2021-2022 MGH Breastfeeding Support Group Facilitator, MGH Institute of Health Professions & Massachusetts General Hospital, Boston, MA  
2022-2023 Barnes Jewish Breastfeeding Group Facilitator, Barnes Jewish Hospital, St. Louis, MO  
2024-present Maternal Health Occupational Therapist, Washington University Physicians Occupational Therapy Services, St. Louis, MO

### **MGH Institute of Health Professions**

2019-2022	Impact Practice Center Operations Committee
2019-2022	Impact Practice Center Scholarship Committee
2019-2022	Impact Practice Center Curriculum Committee
2021-2022	ENRICH Simulation Prototyping Team

**MGH Institute of Health Professions School of Health and Rehabilitation Sciences**

2020-2022	SHRS Anti-Oppression Task Force
-----------	---------------------------------

**MGH Institute of Health Professions Department of Occupational Therapy**

2017-2019	Center for Learning, Participation, and Rehabilitation (CLiPR) Steering Committee
2017-2019	Operations Committee
2018-2022	Admissions Committee
2019	Post-Professional Occupational Therapy Doctorate Director Search Committee
2019-2022	Faculty Advisor, Coalition of Occupational Therapy Advocates for Diversity (COTAD) Student Chapter
2019-2022	Chair, Center for Learning, Participation, and Rehabilitation (CLiPR) Steering Committee

**Washington University School of Medicine in St. Louis Program in Occupational Therapy**

2022-2025	Inclusive Occupational Therapy Education Committee (IOTE)
2023-2024	Chair, Technical Standards Subcommittee of IOTE
2023-2025	Accreditation Support Committee
2025-present	Alumni Council
2025-2026	Committee on Academic Performance and Evaluation of Students

**Washington University School of Medicine in St. Louis**

2025	Academy of Educators Awards Committee
2025-present	Academy of Educators Education Day Committee

2026-present Academy of Educators Membership Committee

2026-present Workday Student Faculty Advisory Group

### **Medical Licensure and Certification**

2013-present National Board for Certification in Occupational Therapy Certification  
Certification number: 310430  
Active

2021-present Certified Lactation Counselor  
Certification number: 328886  
Active

2022-present State of Missouri Division of Professional Registration  
Board of Occupational Therapy  
License number: 2022040864  
Active

### **Honors and Awards**

2017-2018 Participant in the AOTA Emerging Leaders Program, American Occupational  
Therapy Association

2024 Inductee, Academy of Educators, Washington University School of Medicine in  
St. Louis

2025 Team Award at the Annual WashU Occupational Therapy Internal Awards  
Ceremony (The Accreditation Support Team)

### **Community Service Contributions**

#### **Professional Societies and Organizations**

2010-present Member, American Occupational Therapy Association

2015-2022 Member, Massachusetts Association for Occupational Therapy

2016-2022 Member, New England Occupational Therapy Education Council

2019-2022 Co-chair and Founder, Boston Occupational Therapy Networking Group

2020-present Evaluator, Accreditation Council for Occupational Therapy Education Roster of  
Accreditation Evaluators

2021-2022 Co-chair and Founder, Massachusetts Association for Occupational Therapy  
Justice, Equity, Diversity, and Inclusion Special Interest Group

2022-present Member, Missouri Occupational Therapy Association

2023-present	Reviewer, Journal of Occupational Therapy Education
2024-present	Member, Academy of Educators, Washington University School of Medicine in St. Louis
2024-present	Reviewer, Occupational Therapy Journal of Research
2025-present	Reviewer, Disability and Rehabilitation
2025-present	Member, AOTA Commission on Education, AI in Occupational Therapy Education Guidelines Task Force
2025-present	Reviewer, American Journal of Occupational Therapy

### **Invited Lectures**

2016	Supervision of level I students: What you need to know. Spaulding Hospital for Continuing Medical Care, Cambridge, MA
2020	Occupational therapy in oncology rehabilitation: The lived experience. MGH Institute of Health Professions Pi Theta Epsilon Honor Society, Boston, MA
2021	Systematic review on occupational therapy and adult stroke survivors and their caregivers. American Occupational Therapy Association: 2021 Summer Series – Knowledge Webinars
2023 - 2025	Role of occupational therapy in perinatal care. Stonehill College, Easton, MA.
2024	Panel Speaker, The Institute for the Advancement of Breastfeeding and Lactation Education (IABLE)
2025	Panel Speaker, Diverse practice areas in occupational therapy Coalition of Occupational Therapy Advocates for Diversity (COTAD) Chapters to Chapters Event
2026	The Maternal Health Collective: A model for growing maternal health occupational therapy AOTA Women’s Health Community of Practice

### **Research**

#### **Non-governmental**

##### **Past**

2015-2016	Co-Principal Investigator, Fatigue and Functional Outcomes in Cancer Rehabilitation
2017-2018	Co-Principal Investigator, Level I Experiences: A National Survey

2023-2025 Principal Investigator, Development and Validity of the OT Doctoral Achievement Scale

**Trainee/Mentee/Sponsorship Record:**

- 2019 Priyal, A. Role: OTD Faculty co-mentor. *Perceptions of fieldwork educators: Reported benefits and challenges of supervising students.*
- 2020 Jantzen, E. Role: OTD Faculty co-mentor. *An exploratory study of the use of models, theories, and frames of reference by pediatric occupational therapy practitioners.*
- 2021 Sullivan, K. Role: OTD Faculty mentor. *An international interprofessional tele-mentorship program: A mixed methods study.*
- 2021 Rowold, H.M. Role: OTD Faculty mentor and content expert. *New mother and infant feeding support group: A process evaluation of group development.*
- 2021 Ferrieri, L. Role: OTD Faculty mentor. *Best practice for educating families on sensory integration.*
- 2022 Coyne, G. Role: OTD Faculty mentor and content expert. *Maternal self-efficacy among mothers of infants with feeding difficulties in an interdisciplinary infant feeding group.*
- 2022 Austin, J. Role: OTD Faculty mentor and content expert. *The self-reported barriers that Black mothers report are inhibiting successful breastfeeding.*
- 2024 Gladhart-Hayes, K. Role: MPH practicum mentor. *Practice considerations for gender-affirming perinatal OT for transgender and gender expansive clients*
- 2025 DeBourge, J. Role: OTD Faculty mentor. *Supporting student success: Remediation guidelines after a failed level II fieldwork.*
- 2025 Shabosky, L. Role: OTD Faculty co-mentor. *Fieldwork curriculum toolkit.*
- 2025 Djikeng Lepouneng, J. Role: Capstone Content Mentor. *Preparing for Postpartum for Expectant Mothers and their Supporting Partners*
- 2025 Martin, A. Role: Faculty Mentor. *Developing Clinical Competency in a Multi-Modal Approach to Client-Centered Care for Pediatric Clients with Neuromuscular Conditions*
- 2025 Rouso, B. Role: Faculty Mentor. *First Steps in Animal-Assisted Occupational Therapy: A Guide to Making Informed Career Decisions*
- 2025 Mumphard, A. Role: Faculty Mentor. *Strengthening Family-Therapist Collaboration to Support Children in Outpatient Pediatric Settings: A Quality Improvement Initiative in Occupational Therapy.*

- Anticipated 2026 Freeman, K. Role: OTD Scholarly Project Mentor.
- Anticipated 2026 Ariens, O. Role: OTD Scholarly Project Mentor.
- Anticipated 2026 Grabow, A. Role: OTD Faculty mentor.
- Anticipated 2027 Beresheim, S. Role: OTD Scholarly Project Mentor.
- Anticipated 2027 Chaparro, K. Role: OTD Scholarly Project Mentor.
- Anticipated 2028 Baker, S. Role: OTD Faculty Mentor.

## **Bibliography**

### **Original, peer-reviewed articles in refereed journals**

1. **Mack, A.**, Arrigo, M., Fink, T., Garrity, K., ^Cox, D., ^Kwasnowski, L., & Wong, J. (2021). Fatigue and functional outcomes in cancer rehabilitation. *Supportive Care in Cancer*, 29(12), 8069-8076. doi: 10.1007/s00520-021-06405-4
2. Naidoo, K., Plummer, L., McKean, M., **Mack, A.**, Bowdle, G.K., Mullins, M.A., & Gore, S. (2022). Virtual faculty and peer mentoring to promote social belonging among minoritized physical therapist and nursing students. *Healthcare*, 10(3), 416. doi: 10.3390/healthcare10030416
3. **Mack, A.**, Escher, A., & Wong, J. (2022). Barriers, challenges, and supports to the implementation of standardized patients and simulated environments by occupational therapy education programs. *Journal of Occupational Therapy Education*, 6(2). Retrieved from <https://encompass.eku.edu/jote/vol6/iss2/13>
4. Hildebrand, M. & **Mack, A.** (2022). Multimodal interventions for caregivers of people with stroke (January 1, 1999-December 31, 2019). *American Journal of Occupational Therapy*, 76(3), 7603393010. doi: 10.5014/ajot.2022/763002
5. **Mack, A.** & Hildebrand, M. (2022). Education and support interventions for caregivers of persons with stroke (January 1, 1999 – December 31, 2019). *American Journal of Occupational Therapy*, 76(3), 7603393020. doi: 10.5014/ajot.2022.763303
6. Hildebrand, M. & **Mack, A.** (2022). Interventions using cognitive-behavioral techniques for caregivers of people with stroke (January 1, 1999-December 31, 2019). *American Journal of Occupational Therapy*, 76(3), 7603393040. doi: 10.5014/ajot.2022.763005
7. **Mack, A.** & Hildebrand, M. (2022). Education and training interventions for caregivers of persons with stroke (January 1, 1999-December 31, 2019). *American Journal of Occupational Therapy*, 76(3), 7603393030. doi: 10.5014/ajot.2022.763004

8. **Mack, A.** & Hildebrand, M. (2023). Interventions for caregivers of people who have had a stroke: A systematic review. *American Journal of Occupational Therapy*, 77(1). doi: 10.5014/ajot.2023.050012
9. Naidoo, K., Gore, S., McKean, M., Mullins, M., Bowdle, G.K., **Mack, A.**, & Plummer, L. (2023). Shared learning spaces: Peer and faculty mentors develop skills while supporting minoritized health sciences students. *Health Professions Education*, 9(1). Retrieved from <https://hpe.researchcommons.org/journal/vol9/iss1/5>
10. **Mack, A.**, O'Donnell, M., Henning, A., & Bernstein, S.L. (2023). Development of a hospital-academic collaboration to implement an interprofessional telehealth breastfeeding support group. *Journal of Interprofessional Care*, 38(1), 172-175. doi: 10.1080/13561820.2023.2240851
11. **Mack, A.** & Hildebrand, M. (2024). Occupational therapy interventions for caregivers of people who experienced stroke. *American Journal of Occupational Therapy*, 78(2), 7802390010. doi: 10.5014/ajot.2024.050496
12. **Mack, A.**, ^Ariens, O., & ^Freeman, K. (in press). Exploring the current role and interventions of occupational therapy in high-risk maternal health: A qualitative study. *Occupational Therapy in Health Care*. <https://www.tandfonline.com/journals/iohc20>

#### **Reviews, Chapters and Editorials, including invited publications and presentations**

1. **Mack, A.** (2017, November). Developing safety skills in entry-level OT students. Poster presentation at the annual meeting of the Massachusetts Association for Occupational Therapy, Norwood, MA.
2. Arrigo, M., Fink, T., Garrity, K., & **Mack, A.** (2017, October) Fatigue and functional outcomes in cancer rehabilitation. Platform presentation at the annual conference of the American Congress of Rehabilitation Medicine, Atlanta, GA.
3. **Mack, A.**, Fink, T., Garrity, K., & Arrigo, M. (2017, November). Fatigue and functional outcomes in cancer rehabilitation. Poster presentation at the annual meeting of the Massachusetts Association for Occupational Therapy, Norwood, MA.
4. **Mack, A.**, Fink, T., Arrigo, M., & Garrity, K. (2018, April). Fatigue and functional outcomes in cancer rehabilitation. Platform presentation at the annual conference of the American Occupational Therapy Association, Salt Lake City, UT.
5. Evenson, M.E., Zeman, E.A., & **Mack, A.** (2018, April). Promoting fieldwork in home care: Meeting workforce and society's needs. Poster presentation at the annual conference of the American Occupational Therapy Association, Salt Lake City, UT.
6. Zeman, E.A., & **Mack, A.** (2018, October). Lines, drains, and tubes: Utilizing lab simulation to prepare students for acute-care level II fieldwork. Workshop presentation at the annual meeting of the Massachusetts Association for Occupational Therapy, Norwood, MA.

7. Zeman, E.A., & **Mack, A.** (2018, October). Lines, drains, and tubes: Utilizing lab simulation to prepare students for acute-care level II fieldwork. Poster presentation at the annual American Occupational Therapy Education Summit, Louisville, KY.
8. Hildebrand, M.W., Fairman, A.D., & **Mack, A.** (2018, October). An OT clinical center supports curriculum, fieldwork, faculty and student research, and interprofessional collaboration. Poster presentation at the annual American Occupational Therapy Association Education Summit, Louisville, KY.
9. **Mack, A.**, & Zeman, E.A. (2019, October). Experiencing fieldwork: An innovative mixed-methods level I psychosocial fieldwork experience. Platform presentation at the American Occupational Therapy Association Education Summit, Las Vegas, NV.
10. **Mack, A.**, & Escher, A. (2019, October). The use of experiential learning methods in occupational therapy education: Results of a national survey. Poster presentation at the American Occupational Therapy Education Summit, Las Vegas, NV.
11. ^Priyal, A., Evenson, M., & **Mack, A.** (2020, March). Perceptions of fieldwork educators: Reported benefits and challenges of supervising students. Poster presentation at the annual conference of the American Occupational Therapy Association, Boston, MA.\*
12. **Mack, A.**, & Escher, A. (2020, March). A national survey of the use of experiential learning methods by occupational therapy education programs: Results and implications. Poster presentation at the annual conference of the American Occupational Therapy Association, Boston, MA.\*
13. **Mack, A.**, Doherty, R., & Schoessow, K. (2020, March). Utilizing simulation in OT education: The how, what, and why. Short course at the annual conference of the American Occupational Therapy Association, Boston, MA.\*
14. ^Jantzen, E., Evenson, M., & **Mack, A.** (2020, March). An exploratory study of the use of models, theories, and frames of reference by occupational therapy pediatric practitioners. Poster presentation at the annual conference of the American Occupational Therapy Association, Boston, MA.\*
15. ^Bjorkman, A., **Mack, A.**, Doherty, R., & Wong, J. (2020, March). Simulated learning experiences and the development of clinical reasoning skills in entry-level occupational therapy learners. Poster presentation at the annual conference of the American Occupational Therapy Association, Boston, MA.\*

16. Plummer, L., Knab, M., Riotte, M., Baldwin, J., Worek, A., Pittman, R., Sabo, K., Hildebrand, M., **Mack, A.**, & Cruz, A. (2020, August). Leading an interprofessional practice pivot: From onsite to virtual in a hot minute. Lightning talk presented at NEXUS Summit 2020, Virtual.
17. ^Jantzen, E., Evenson, M., & **Mack, A.** (2020, October). An exploratory study of the use of models, theories, and frames of reference by occupational therapy pediatric practitioners. Poster presentation at the annual conference of the Massachusetts Association for Occupational Therapy, Virtual.
18. **Mack, A.** & Eddy, E. (2021, March). Pioneering telehealth in simulated and patient encounters in a mixed-methods psychosocial fieldwork experience. Short course at the annual conference of the American Occupational Therapy Association, Virtual.
19. **Mack, A.** & Eddy, E. (2021, June). Innovation in OT fieldwork: A virtual psychosocial level I fieldwork experience. Poster presentation at the Innovation Summit for Health Professions Education, Virtual.
20. Naidoo, K., Plummer, L. McKean, M., **Mack, A.**, Bowdle, G., & Mullins, M. (2022, March). Virtual faculty and peer mentoring to promote social belonging among minoritized physical therapist and nursing students. Presentation at the Eastern Sociological Conference, Boston, MA.
21. Eddy, E.Z., **Mack, A.**, & Evenson, M.E. (2023). Fieldwork, Practice Education, & Professional Entry. In G. Gillen and C. Brown (Eds.), *Willard & Spackman's Occupational Therapy* (14<sup>th</sup> Ed., pp. 1214-1236). Wolters Kluwer.
22. **Mack, A.** & Watson, M. (2024). OT and maternal health: A perfect pair. Short course at the annual conference of the Missouri Occupational Therapy Association, St. Louis, MO.
23. ^Gladhart-Hayes, K., ^Isenman, H., ^Anderson, B., Thomas, D., & **Mack, A.** (2024, November). Practice considerations for gender-affirming perinatal OT for transgender and gender expansive clients: A systematic review. Poster presentation at the Occupational Therapy Association of Oregon Annual Conference, Portland, OR.
24. Coxon, M., **Mack, A.**, ... & Hemminger, R.K. (2025). Co-occupation-based interventions during perinatal transitions and motherhood. In H. Slootjes (Ed.), *Enhancing Women's Wellbeing During Matrescence, Motherhood, and Perinatal Transitions*. Routledge.
25. ^Martin, A., **Mack, A.**, Broaddus, A., & Bachelani, S. (2025). Consulting with crisis nursery providers for staff capacity-building. *OT Practice*, 30(18-23). <https://www.aota.org/publications/ot-practice/ot-practice-issues/2025/crisis-nursery-providers-for-staff-capacity-building>

26. ^Shabosky, L., Smet, N., & **Mack, A.** (2025, April). Fieldwork curriculum toolkit. Poster Presentation at the annual conference of the American Occupational Therapy Association, Philadelphia, PA.
27. ^Gladhart-Hayes, K., ^Isenman, H., ^Anderson, B., Thomas, D., & **Mack, A.** (2025, June). Current practices in gender-affirming perinatal occupational therapy. OT Summit of Scholars, Seattle, WA.
28. Cunningham, A., **Mack, A.**, Schwelle, K., & Wang, J. (2026, January). Lessons learned: AI bots to support student learning. Workshop at the Washington University in St. Louis iTeach 2026 conference, St. Louis, Missouri.

## Media

1. Laskowski, A. (2012, March). Life after BU: Classes prepare students for the inevitable adulthood. BU Today (online publication). <https://www.bu.edu/articles/2012/life-after-bu/>
2. Lloyd-Randolfi, D. (2018, April). Mandy Mack on non-clinical OT, networking, and saying yes. New Grad OT (blog post). <https://www.coremedicalgroup.com/blog/mandy-mack-non-clinical-ot-interview>
3. Fedenia, J. (2021, April). OTs can help new parents adopt new habits, skills and routines. Our Milky Way: Healthy Children Project Center for Breastfeeding (blog post). <http://www.ourmilkyway.org/ots-can-help-new-parents-adopt-new-habits-skills-and-routines/>
4. Brandenburg, M. (Host). (2023, January). Interventions for Caregivers of People with Stroke Systematic Review featuring Mary Hildebrand and Amanda Mack [Audio podcast episode]. In *Everyday Evidence Podcast*. American Occupational Therapy Association. <https://www.aota.org/publications/podcasts/everyday-evidence-podcast>

\*Conference cancelled due to COVID-19 Pandemic; presentation accepted for presentation but not delivered.

^Student author